



The Henry Ford Weight Management Program Self-pay and Insurance Guide

Thank you for your interest in the Henry Ford Weight Management program at the Detroit and Livonia locations. Below is program cost. There is no difference in cost whether you choose our virtual, hybrid (combination of in person and virtual), individual health coach follow-ups, or group classes. If you have questions or would like to sign up for a free virtual orientation, please call 313-972-1919. ***Payments are due at the time of the RD appointment, unless the RD appointment is virtual, then the payment is due before the appointment is scheduled.***

YOU ARE RESPONSIBLE FOR ANY CHARGES INCLUDING DEDUCTIBLES THAT YOUR INSURANCE DOES NOT COVER.

Weight Management Program Cost			
Description	¹ Full coverage	² Partial coverage	³ No coverage (Out-of-Pocket)
Administration starter fee*	\$50.00	\$50.00	\$50.00
Initial weight loss plan and 3 months of support	\$0	\$126.00	\$207.00
Total cost (initial 3 months)	\$50.00	\$176.00	\$257.00
Weight loss plan development with a Registered Dietitian and 3-months of follow-up appointments with your Health Coach. Includes: <ul style="list-style-type: none"> - Initial RD visit to begin plan - Bi-weekly health coach visits OR - Weekly group class sessions 			
Continuation of active weight loss plan (3 months) Includes: <ul style="list-style-type: none"> - Bi-weekly health coach visits - 1 follow-up RD visit 	\$0 (Unless deductible is not met)	\$126.00	\$176.00

* Starter fee is waived if this is a returning patient within 1 year of completing the program

**Payment is the same regardless of program type (i.e. virtual, in-person, or group class)

- **1 Full Coverage**
 - HAP and HAP Senior plus coverage is a up to 1 year (12 consecutive months). Patients may be responsible for any deductibles or co-Pays and should verify with HAP.
 - Cigna powered by HAP. Plans vary. Must contact Cigna.
 - Former patients with HAP may re-join the program
- **2 Partial Coverage**
 - **BCBS:** Some BCBS plans will cover the dietitian visit. Coach visits are not covered. (See chart #2 for cost)
 - **BCN:** Some BCN plans will cover the dietitian visit. BCN requires pre-authorization. Coach visits are not covered. (See chart #2 for cost)
- **3 No Coverage**
 - Some insurances will not cover any portion of the Weight Management Program.
- **Payment plan**
 - For those without any insurance coverage they can pay \$257 upfront or \$300 over 4 months.
 - **To participate in the payment plan you must make your first payment in person to sign the payment plan agreement which allows us to charge your credit card according to the below schedule. Only credit cards can be used for the payment plan.**

1. Payment plan for initial 3 months of the weight management program

	Amount due No coverage	Amount due Partial coverage	Due Date
Initial RD visit	\$75	\$75	Time of RD appointment
2nd payment	\$75	\$75	15 th of the month
3rd payment	\$75	\$50	15 th of the month
4th payment	\$75		15 th of the month
Total	\$300 (\$257 upfront)	\$200 (\$176 upfront)	

2. Payment plan for continuation of an additional 3 months of the weight management program

	Amount due No coverage	Amount due Partial coverage	Due Date
Initial RD visit	\$75	\$75	Time of renewal
2nd payment	\$75	\$75	15 th of the month
3rd payment	\$75		15 th of the month
Total	\$225 (\$176 upfront)	\$150 (\$126 upfront)	

- **Meal replacements**

The cost of meal replacements is not covered by **ANY** insurance plan.

Depending on the meal plan you choose the cost will vary between \$40-\$60 per week for the partial meal plan (COMBO), and between \$60-\$100 per week for the all meal replacement (Fast-Start).

If you have questions about your payments or coverage, please call 313-972-1919. Thank you again for choosing Henry Ford.